

### Objectives

1. To introduce pupils to life in a less economically developed country.
2. To give a basic understanding of the differences and similarities between children in Uganda and those in the UK.
3. To give pupils a chance to reflect on their own privileged position in a global society.

### New Words

*Malnutrition, life expectancy, poverty.*

### Resources

- Atlas
- White boards
- **Teacher Information 1.0**
- *Handout 1.1 - Activities*
- *Handout 1.2 – UK Day*
- *Powerpoint slides*
- *Pink Poster*
- *Cowforce.com*

### Starter

**Time: 15 minutes**

- Pupils come up with the top five problems for children their age in the UK.
- Use an Atlas, **Pink Poster**, **Cowfiles.com** and **Teacher Information 1.0** for background on Uganda.
- Write on the board the top 5 problems faced by Ugandan children.
- *Compare UK and Ugandan children – what do the problems lists tell us?*

### Lesson

Group activity

**Time: 15 minutes**

- **Handout 1.1** - under headings '*The Same*' and '*Different*', pupils place each of the activities under either one of the headings.
- Go through the lists for '*The Same*' and '*Different*' from **Teacher Information 1.0**.
- *Discuss the similarities and differences found.*

### Lesson

Individual written

**Time: 25 minutes**

- Pupils should plan out a whole day of activities in the schools' local area for a Ugandan child.
- *Handout 1.2* has the table ready for filling in.

### Plenary

**Time: 15 minutes**

- Refer back to facts about Uganda.
- Compare UK and Ugandan children, similarities and differences.

Photocopy and cut out tabs for each group.



Different		The Same	
playing on computer	reading	skipping	begging
singing	going swimming	playing with home-made toys	cycling
playing with dolls	going shopping	playing with a hula-hoop	playing board games
making phone calls	playing football	watching TV	playing marbles



Name:

Handout 1.2

Time	Activity
8.00 am	Eat full English breakfast: bacon, eggs, sausages, beans, mushrooms etc.
9.00	Watch cartoons on TV.
10.00	
11.00	
12.00 pm	
1.00	
2.00	
3.00	
4.00	
5.00	
6.00	
7.00	
8.00	
9.00	

### Top 5 problems faced by Ugandan children

1. Not always being able to go to school
2. Not having enough food
3. Sickness
4. Not having what they need (clothes, cutlery etc.)
5. Not having much time to play because there is lots of work to do

### Facts

- People in Uganda have a **life expectancy** of 42 years. In the UK it is 77.
- In Uganda over half (55%) of people live in **poverty** (below the poverty line).
- Ugandan children usually live in the countryside (8 out of 10 people in Uganda live in rural areas).
- Over 8 out of 10 people in Uganda work in farming.
- Only 4 out of 10 people can easily get to safe drinking water. In the UK everyone can.
- Water is collected from springs and wells.
- 1 in 4 children under 5 years of age are malnourished.
- Many children do not have shoes.
- Only some people have electricity in their homes.

### 'The Same' and 'Different' Answers

**The Same:** playing football, skipping, singing, swimming, playing with dolls, reading (if possible), board games, marbles, hula hoop (last 2 optional - sometimes in UK).

**Different:** making phone calls, playing on computer, shopping, cycling, watching TV, playing with home made toys, begging.

### Definitions

**Malnutrition** - lack of nutrients ('goodness') from food needed for good health and growth (not having enough of the right food).

**Life Expectancy** - how long a person is expected to live.

**Poverty Line** - a certain level of money that a person has coming in; below it a person cannot afford to buy all they need to live.

A typical day in the life of a Ugandan child and other general information can be found on our **Blue Poster**, at our award winning kids' website [www.cowforce.com](http://www.cowforce.com) or on the main Send a Cow website.