

| Unit of Study   | Introduction, Activity and Plenary  |
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| <p><b>Barriers &amp; Bridges</b></p> <p><b>Resources:</b></p> <ul style="list-style-type: none"> <li>- <i>The Poverty Trap</i></li> <li>- <i>Cowforce website</i></li> <li>- <i>Berna's slides (2 &amp; 3)</i></li> </ul> | <p><b>Introduction:</b></p> <p>Look at poverty in Africa – see WAR ON POVERTY on <b>Cowforce.com</b></p> <p>Discuss the poverty cycle in a sorting activity using <b>The Poverty Trap</b>. Ask <i>How is poverty a barrier? It is too big to deal with? What is the bridge to poverty?</i></p> <p>Explain that together we can make a difference. Use the work of Send a Cow as an example using Cowforce.com or sendacow.org.uk</p> <p><b>Activity:</b></p> <p>Look at the <b>Berna 2 &amp; 3 slides</b> from <b>Cowfiles.com</b> and discuss as a class. Then in groups draw up a list of the benefits that SAC has brought to this family and write down why each one is important.</p> <p><b>Plenary:</b></p> <p>Reflect on the question; <i>is poverty too big an issue for me to tackle?</i></p>            |
| <p><b>Questions &amp; Mysteries</b></p> <p><b>Resources:</b></p> <ul style="list-style-type: none"> <li>- <i>Reasons for Poverty in Africa</i></li> <li>- <i>Cowforce website</i></li> <li>- <i>Cow slides</i></li> </ul> | <p><b>Introduction:</b></p> <p>Discuss the question: <i>why is there poverty in the Africa?</i></p> <p>See WAR ON POVERTY on Cowforce.com and <b>Reasons for Poverty in Africa</b>.</p> <p>In groups, then as a class, discuss the reasons for poverty in Africa and some suggestions for what can be done about it.</p> <p><b>Activity:</b></p> <p>Show the Cow Slides/Goat Slides from <b>Cowfiles.com</b> or the animations in the OUR WORK section of Cowforce.com, which show how Send a Cow helps.</p> <p>Pupils can design a poster to encourage people to realise that something can be done about poverty.</p> <p><b>Plenary:</b></p> <p>Share the designs and different ways of persuading people from pupils.</p>  |
| <p><b>Life Stories</b></p> <p><b>Resources:</b></p> <ul style="list-style-type: none"> <li>- <i>Cowforce website</i></li> <li>- <i>time circles</i></li> <li>- <i>Rose's case study</i></li> </ul>                        | <p><b>Introduction:</b></p> <p>Discuss what time the children get up and when they go to bed. Find out if any of them have any chores to do during the week and what they do after school.</p> <p><b>Activity:</b></p> <p>Look at and discuss Rose's Day in the ABOUT AFRICA section of <b>Cowforce.com</b> and <b>Rose's story</b> from <b>Cowfiles.com</b>. Ask the children to work in small groups to draw up a table of comparisons – similarities and differences of what they do each day, they could fill in the two <b>time circles</b> to do this.</p> <p><b>Plenary:</b></p> <p>Discuss these comparisons as a whole class and how they feel about it. Ask how they think Rose feels about her life now. Ask them to consider what they think it would have been like before SAC gave her the cow.</p> |
| <p><b>Christianity Journeys Sacred Texts</b></p> <p><b>Resources:</b></p> <ul style="list-style-type: none"> <li>- <i>The Story of Send a Cow</i></li> <li>- <i>Cowforce website</i></li> <li>- <i>Bible</i></li> </ul>   | <p><b>Introduction:</b></p> <p>Discuss how pupils think Christians act.</p> <p>Read <b>The Story of Send a Cow</b> and see the OUR WORK section of <b>Cowforce.com</b></p> <p><b>Activity:</b></p> <p>Read the Good Samaritan from a Bible and discuss the actions of each character.</p> <p>Discuss how this passage might have inspired the group of Christians to help poor people in Africa.</p> <p><b>Plenary:</b></p> <p>Ask pupils to reflect on what they really care about in the world. <i>How can they make a difference?</i> Ask for pupils to share where appropriate.</p>   |

**A poor child can't afford to go to school**

**So they don't learn to read and write**

**So they can't take any exams**

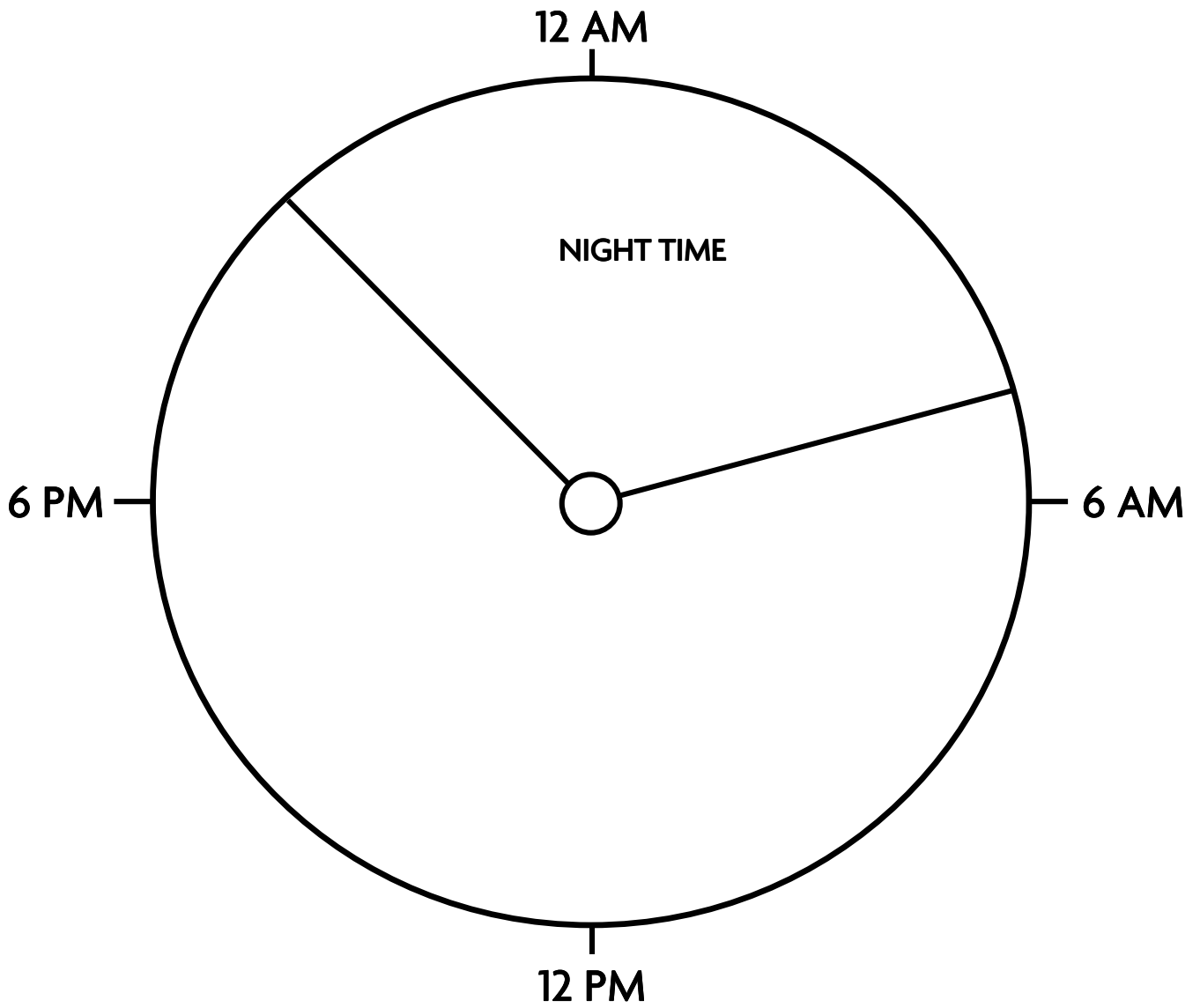
**So they can't get a good job**

**And they won't be able to afford to send their children  
to school**

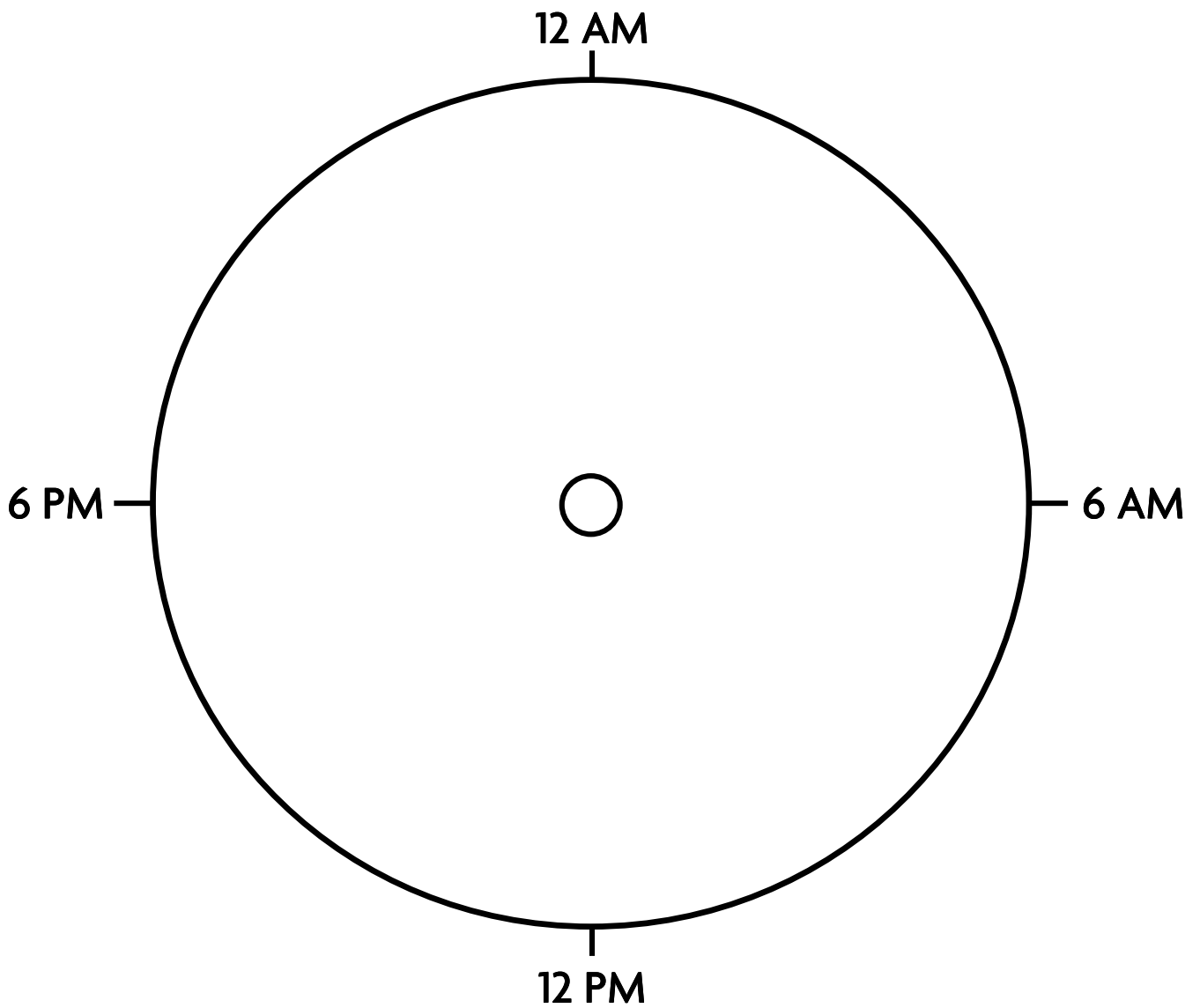
There are many causes of poverty in the world, and there are many reasons why there are so many people in Africa that are poor. Here are some of them:

- Poverty causes traps like the one in the example on **The Poverty Trap** – when you are stuck in a trap like this, it's very hard to get out, unless someone helps you out.
- Another example of a poverty trap is disease, like malaria, which kills millions of Africans every year. If you are poor and can't afford medicine, you may get a disease, but then you can't work to afford to cure it, so eventually you die and your children are also poor.
- 8 out of 10 people in Africa grow their food on small plots of land to eat or sell. But the land can get over-used and families become too poor to buy seeds, tools or fertilizers and so they find it hard to survive.
- The climate in Africa is changing and the chance of there being a drought has gone from once every six years to once every three years. This ruins crops and causes starvation.
- Governments find it hard to make money by taxing people when people don't have much money – so they can't afford new schools, hospitals and roads.
- In the past big banks lent money to countries so that they could spend it to help the economy get going and give people jobs – but it didn't really work and paying back this money to the banks stops African countries making money now.
- European countries, including the UK, used to rule Africa. When they gave power back to Africans, many of the countries were divided up in an un-fair way – causing arguments and wars, which killed people or made them poor.
- Some leaders of African countries stayed in power for a long time and were cruel to their populations; they also spent a lot of money on themselves and not on their countries.
- Many of the rules that say how African countries trade with the rest of the world are quite un-fair and so it's hard for them to make money through selling things.

ROSE'S SATURDAY – TIME CIRCLE



MY SATURDAY – TIME CIRCLE



The story of Send a Cow has been like a journey for the people who started it. None of them quite knew exactly where the charity would end up, but they did know that there was a real need to help people of Africa. . .

In 1988 a group of Christian farmers from the UK's west country, met up with a reverend who was on a journey from the African country of Uganda. His country had been badly affected by years of war and some very cruel leaders – the people were very poor and struggling to survive. The reverend, called Francis Gonahassa, had been praying, asking for God to provide some cows for a project in Uganda that would give people milk to drink and sell. So he was really happy to meet the west country farmers, who were also concerned about poverty in Africa. They believed that because God cares about people, they should too. At their farms, the reverend told them about the poverty in his country. He walked around their fields, pointing to different cows, asking the farmers, *'do you know the name of that cow?'* When they answered *'no'*, because farmers with big herds don't often name their cows, the reverend replied, *'then you won't miss it if it comes back to Uganda with me!'*

The farmers had to agree that the cows would be more useful to Ugandans than they were to them and they felt really strongly that they should do something to help. They all decided to give some of their best cows to Uganda, and they also managed to persuade lots of other farmers to do the same!

Some of the farmers were soon on their own journey - to Uganda! They wanted to see how their cows would help the country. While there, they saw a lot of poverty, including children whose parents had died and who were ill from not having enough food. The farmers knew how milk could help, and were so enthusiastic after their trip they decided to start a charity and call what they were doing *'Send a Cow'*!

A Ugandan Bishop, called Bishop Livingstone, met the farmers on their trip and also wanted to help. So he made a trip to the UK to help get more farmers to donate a cow or two - and ask people to give money to pay for the cows to travel to Uganda and change people's lives forever.

The first air-cargo of about 30 cows went on a journey to Uganda in June 1988\*. When they arrived, the cows started to eat the airport grass and graze just like they were back at home in Devon! The poor families who were then given a cow were overjoyed and started looking after them as a valuable member of their family. The cows produced milk, which helped the children to become healthy again and the family sold extra milk to help them get out of poverty.

The reverend was very grateful and gave thanks to God for answering his prayers. And the farmers decided that the need was so great that they should carry on sending even more cows and raise more money through their charity to help the people of Africa. So, Send a Cow's journey continues to this day!

\* Our livestock is now bought and bred in Africa.