

Get pupils thinking about life in an LEDC through this short food related activity. Access to food and different types of food is limited for most people in Uganda; about 80% of the population grow their own food on small plots of land and are not able to afford to buy much food on a regular basis. To contrast this with the availability and choice of foods that we have in the UK, follow the steps below:

- Ask pupils to bring in menus from take-aways e.g. Chinese, pizza, Indian.
- *What would they choose to have for lunch from their menu?* Get them to work out what the bill would be for this meal.
- Convert this amount into Ugandan Shillings using the information below.
- Pupils will need to decide what they would buy with the money from the price list below if they were in Uganda (in Shillings).
- Split the class into four groups (families), each group has to work out and agree on what they would buy to last them a week (Give out some Monopoly money to make this more interesting):

The Akellos have 8 members and live on an above average Ugandan daily wage of £1 (UGX 3,000).

The Kongais have 8 members and live on an average Ugandan daily wage of 50p (UGX 1,500).

The Kwaputs have 8 members and live on a below average Ugandan daily wage of 30p (UGX 1,000).

The Odekes have 12 members and live on an average Ugandan daily wage of 50p (UGX 1,000).

- Emphasise the need for a balanced diet, but also point out the limited choice of foods on this ‘menu’ and the need for other essential items (medicine, rent etc).
- Ask pupils to explain their choices and any dilemmas that they had.
- Encourage a discussion about the differences between food in an LEDC (Uganda) and in an MEDC (the UK) and why Ugandans often grow their own food.

Price List	Ugandan Shillings (UGX)
1 litre of milk	500
1kg maize (ground into a staple food like rice)	700
1kg beans	700
1 bunch of bananas	2,000 (small) - 10,000 (large)
1kg passion fruit	2,000
1 pineapple	1,000
1 pawpaw	500
School exercise book	200
Pencil	50
Pair of children’s shoes	25,000

1 Pound = 3,000 Ugandan Shillings